

Programme

You.

Transformative course cultivating self-awareness, empowering individuals to lead with authenticity, resilience, and impactful communication, unlocking their full leadership potential.

What we cover.

This transformative course is designed to empower individuals to become exceptional leaders by cultivating self-awareness, authenticity, resilience, and impactful communication skills. Leadership in today's dynamic and complex world requires more than just technical expertise; it demands a deep understanding of oneself and the ability to inspire and influence others positively. This course aims to unlock the full leadership potential of participants by providing them with the tools and insights necessary for personal growth and professional success.

Through a combination of introspective exercises, group discussions, and practical workshops, participants will embark on a journey of self-discovery, gaining a profound understanding of their strengths, values, and leadership styles. They will learn strategies to enhance their emotional intelligence, develop resilience in the face of challenges, and cultivate a growth mindset that fosters continuous learning and improvement.

Furthermore, the course emphasises the importance of authentic leadership and effective communication. Participants will explore techniques to build trust, engage diverse teams, and deliver impactful messages that resonate with their audience. They will also learn how to navigate difficult conversations and manage conflicts constructively, fostering collaboration and driving organizational success.

By the end of this course, individuals will emerge as empowered leaders, ready to create positive change in their organizations and communities. Equipped with self-awareness, authenticity, resilience, and impactful communication skills, participants will be well-prepared to lead with confidence, inspire others, and make a lasting impact in their respective fields.

Who is it for?

This course is ideal for all functions within technology organisations.

Duration & Delivery Format.

Choose your preferred duration ½ day, 1 day, 2 day, online or physical.

Course Topics.

Module 1: Introduction to Transformational Leadership

- Understanding the changing landscape of leadership
- Exploring the key components of transformational leadership
- Identifying the relevance of self-awareness, authenticity, resilience, and impactful communication

Module 2: Self-Discovery and Leadership Styles

- Self-assessment tools to uncover strengths, values, and leadership tendencies
- Analysing different leadership styles and their impact
- Developing a personal leadership vision

Module 3: Emotional Intelligence and Resilience

- Building emotional intelligence to enhance self-awareness and interpersonal dynamics
- Strategies for managing emotions under pressure
- Developing resilience as a leadership skill

Module 4: Growth Mindset and Continuous Learning

- Embracing a growth mindset for personal and professional development
- Overcoming challenges and setbacks through a resilient mindset
- Creating a culture of learning within teams and organizations

Module 5: Authentic Leadership and Building Trust

- Exploring the concept of authentic leadership
- Building trust through transparency, integrity, and consistency
- Case studies of authentic leaders and their impact

Module 6: Effective Communication and Engagement

- The art of impactful communication: crafting messages that resonate
- Techniques for engaging and motivating diverse teams
- Leveraging storytelling for effective leadership communication

Module 7: Navigating Difficult Conversations and Conflict Resolution

- Strategies for approaching challenging conversations with empathy and respect
- Constructive conflict resolution techniques
- Transforming conflicts into opportunities for growth and collaboration

Module 8: Creating Lasting Impact

- Synthesising learning from the course journey
- Developing an action plan for personal leadership growth
- Preparing to lead with confidence, inspire change, and make a lasting impact

Assessment Methods.

- Quizzes and assessments after each module to gauge understanding
- Individual assessment / personality project
- Case studies analysing leadership effectiveness

Further information:

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